



ASPEN<sup>TM</sup>  
GREEN  
PURE SCIENCE

## DOSING GUIDE

### RATE YOUR SYMPTOMS

Mild

Moderate

Moderate/Severe

Severe



1 bottle = 500mg (FSHE)/600 mg CBD  
1 mL dropper: = 16.67mg (FSHE)/10mg CBD  
Full Spectrum Hemp Extract (FSHE)



1 bottle: = 1000 mg (FSHE)/600 mg CBD  
1 mL dropper: = 33.33 mg (FSHE)/20 mg CBD  
Full Spectrum Hemp Extract (FSHE)



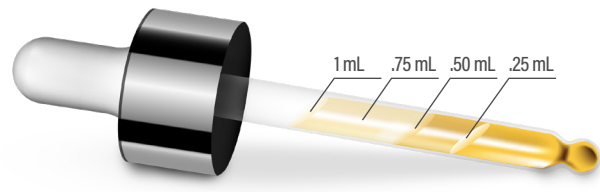
1 bottle: = 2000 mg (FSHE)/1200 mg CBD  
1 mL dropper: = 66.67mg (FSHE)/40mg CBD  
Full Spectrum Hemp Extract (FSHE)



1 bottle: = 3000mg (FSHE)/1800mg CBD  
1 mL dropper: = 100mg (FSHE)/60mg CBD  
Full Spectrum Hemp Extract (FSHE)

### OUR DROPPER

Everyone is unique in genetics, weight, diet, age, and health. Therefore, by taking our product every day, while at the same time charting the amount taken and the results, we believe every person can find the "perfect dose" for their body.\*



### WE SUGGEST PICKING A STRENGTH AND STARTING LOW AND SLOW

**Day 1-4**

1/4 to 1/2 dropper daily

**Day 4-7**

1/4 to 1/2 dropper 2x daily

**Day 7-12**

1-2 droppers per day (more if needed)

\*Listen to your body. If desired results are not achieved, then increase dosage. If you finish a bottle and do not experience the desired effect, consider trying a higher strength on your next bottle.

### DISCOVER THE BENEFITS OF PURITY